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| **League positions 2016-2017** |  |
|  |  | P | W | D | L | F | A | D | Bon | Pts |
| 11th | Sidmouth | 4 | 1 | 0 | 3 | 103 | 106 | -3 | 1 | 6 |
| **13th** | **St Ives** | **4** | **0** | **0** | **4** | **60** | **85** | **-25** | **3** | **3** |

**St Ives v Sidmouth**

Saturday 1st October 2016

KO 3:00 p.m.

**at**

St Ives Recreation Ground

We extend a warm welcome to Sidmouth this afternoon in this the fifth round of the Tribute Western Counties West league programme. The officers and committee trust that the match will be enjoyable and entertaining for players and spectators alike.

St Ives has had an ‘almost’ start to the season with three losing bonus points. After the painfully narrow loss by one point against league leaders Exeter University in their last home outing, today must be seen as the opportunity to move up the table.

Sidmouth lie just above The Hakes with a try bonus win against struggling Bude and a losing bonus against Truro. Two years ago, when the sides last met here, the score was a 39:39 draw, the home side shipping four tries in the last ten minutes to the astonishment of the supporters. Today is another day and a different set of players, with only three survivors from that match; Taylor, Prisk and Chandler.

We are aware that referees, like players, are in short supply across the county. We appreciate the time they give to the game and extend a welcome to today’s match official, Mr Simon Lord of CRRS.

Finally, we hope that you will support your club and enjoy a beverage in the clubhouse after the match.

*Alan Thomas*

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| **Today’s Tribute Western Counties West League fixtures** |
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| Bude |  |  | St Austell |
| Crediton |  |  | Torquay Athletic |
| Cullompton |  |  | Exeter University |
| St Ives (SW) |  |  | Sidmouth |
| Truro |  |  | Burnham-on-Sea |
| Wadebridge Camels |  |  | Tiverton |
| Wellington |  |  | Devonport Services |

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| **For a complete fixture list for the season go to**http://www.englandrugby.com/fixtures-and-results |
| **Next league Fixture:**Saturday 8th OctoberSt Austell v St Ives  | **Next home fixture:**Saturday 22nd OctoberSt Ives v Tiverton |
| Exeter University **Grant Thirlby**on the switch and**Martyn Lawrance**bursting away*Courtesy of* *Tobi Carver* |

For all the latest newsregarding rugby competitions go to:<http://www.swrugby.co.uk/home>**Kick off times**Normal Kick-off times are (unless BOTH Clubs agree a variation)Sept/Oct/Mar/Apr 3pm; Nov/Feb 2.30pm; Dec/Jan 2.15pm |

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| St Ives ‘Hakes’ | V | Sidmouth

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| **RBS Six Nations Home Internationals 2017**

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| If you are a member of the club and interested in applying for tickets for any of the England home matches in the 2017 RBS Six Nations championship the club website has all the details. The England away match ticket allowance will not be confirmed until December, but you should show interest by completing the necessary form at this time. The closing date for applications, which must be accompanied by full payment,is **MONDAY 10th OCTOBER 2016**This year the fixtures are:* England v France on Saturday 4th February KO: 16:50
* Wales v England on Saturday 11th February KO: 16:50
* England v Italy on Sunday 26th February KO: 15:00
* England v Scotland on Saturday 11th March KO: 16:00
* Ireland v England on Saturday 18th March KO: 17:00
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| James Bishop | 1 |  Ben Halford |
| Ben Taylor (Capt) | 2 |  Aiden Taylor |
| Ben Jenkins | 3 |  Hayden Down  |
| Jamie Prisk | 4 |  Nick Mills |
| Harry Parton | 5 |  Ollie Pyne  |
| Archie Mackay | 6 |  Gavin Pearson |
| Sean Stevens | 7 |  Josh Bess  |
| Martyn Lawrance | 8 |  Sam Richardson |
| Liam Jolly | 9 |  Matt Goss |
| Grant Thirlby | 10 |  Tom Whelan |
| Peter Skeggs | 11 |  Joe Briggs |
| Steve Kenward | 12 |  Tom Seward **Player Profile****Full Name** – Tom Nicholas **Age** – 27 years**Height** – 1.83m (6’2”) **Weight** – 94kgs (14st)**Playing position** – Outside centre**Previous Clubs** –Hayle, PZ & Newlyn Colts **Honours** – Cornwall Development squad, U20s & U16s**Favourite other sport** – Cycling **Inspirational person** – Sonny Bill Williams & Kai Greene**Least favourite training drill** –5m rucking channel**Looking forward to playing** – Bude**One word to describe you -** Persistent |
| Jordan Gott | 13 |  James Powell |
| Reece Gilbert | 14 |  Chris Higgs |
| Lewis Thomas | 15 |  Rory O'Brien |
| Replacements |
| Paul Thirlby | 16 |  Ollie Derryman |
| Tom Chandler | 17 |  Conner Down  |
| Jon Wright | 18 |  Chris Goddard |
| Referee: Simon Lord (CRRS) |
| Player news:Josh Palmer has returned to his studies at university. The club are currently ‘in talks’ with a front row and a second row. |